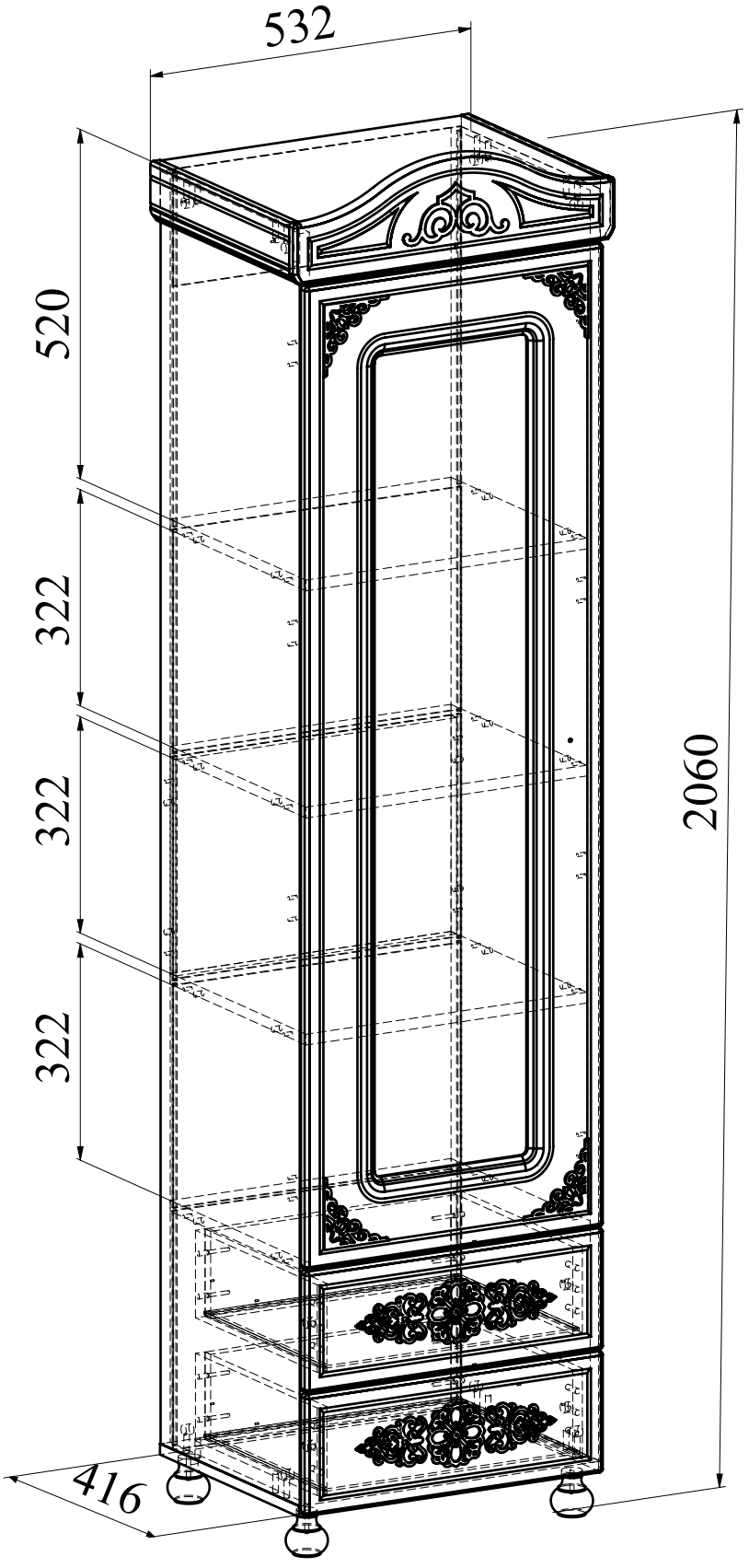Пенал АС-1